



# Working Together To Achieve Great Lives

MASH Trust Annual Report  
2018/19

## Services we Provide | ā mātou ratonga

MASH Trust provides a diverse range of services to people/whānau and communities for support with mental health, intellectual and physical disabilities; alcohol and other drug addictions (including co-existing problems); as well as child/youth crisis respite care. We also provide the community-based LUCK Venue as a place of 'connection'.

MASH Trust operates throughout the lower North Island in Wellington, Kapiti, Horowhenua, Manawatu and Hawkes Bay regions.

MASH support services include:

- **Mental Health Recovery Services**
  - Residential supported accommodation
  - Community based support
- **Mental Health and Addictions Treatment**
  - WRAP and the Monarch programmes
- **Intellectual and Physical Disability Services**
  - Residential supported accommodation
  - Community based support
  - Enabling Good Lives (EGL)
- **Rehabilitation Service**
  - Community based support
- **Social Services**
  - Community based support
- **Child/Youth Crisis Respite Service**
- **LUCK Venue**
- **Bluegum Road Vocational Service**
- **Friendship Facilitation Service**
- **Support in the Community Service**
- **Recovery Service**
- **Medication Service**
- **Supported Living Service**
- **Maternal Service**
- **Youth Service**

Visit our website for more information

[www.mashtrust.org.nz](http://www.mashtrust.org.nz)



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# Patron's Report | te rīpoata a te Kaitautoko



*“2020, will be a great landmark for MASH... 30 years since our Organisation was formally established.”*

Last year, I ended my message with a joyful and optimistic statement:

*“Let’s make 2019 a flagship year for experimentation, fun and laughter”*

Yes, it has been and will be a year of experimentation. But for me the fun and laughter has been less obvious at times. The CEO, Dave Robinson and I have both had challenging experiences with our health which have impacted on the way in which we live our lives. A glance into Dave’s office shows some well contrived furnishings to support his fulltime return to work. I am pushing an elegant mobile walker, called “Wilbur” which allows me to move about more rapidly than lurching around on a walking stick. I am recovering from an episode of delayed concussion following a fall. Four months on I have been cleared to use my car, watch television and develop my skills on the computer. A great step forward.

The last six months of 2018 was busy as usual. In my last Patron’s message, I noted a meeting with Dave Robinson and his senior staff to discuss developments in the head injury field. I smile a little as I write this, I really didn’t think I would be personally involved in an experimental journey in that field.

I attended a wonderful Christmas party at LUCK and enjoyed judging the Christmas decoration competition. As usual that was full of innovation and surprising approaches to the concept of decoration. I am anticipating that “Wilbur” and I will be attending both this year. Then comes “Nan’s” BBQ. This year (2019) it is scheduled for December 6 and already the gardeners are planning their approaches to presenting the best possible venue. André has removed the stones from the little pond, preparatory to a big clean up. What he does not yet know is that I have plans for that pond.

I am scheduled to meet with my working group from MASH to plan the details of the food – a very important component for the day. We welcome you all to the day. We love it and we understand the people, the staff of MASH and the Board members do too. Let’s hope for fine weather.

Next year, 2020 will be a great landmark for MASH. It’s been 30 years since our organisation was formally established. I understand that we will be moving to new premises in Cuba Street by the end of the year. I have already suggested to the CEO that the move warrants a party!!

In October 2019 we have 550 staff, 2000 MASH people and 100 different homes, small and large. Not bad for 30 years of development. Each year new initiatives arise for people with disabilities. These new initiatives need supportive environments for people to thrive. A difficult task when there are still people in our community who do not believe that people with disabilities, can be “Enabled to Live Good Lives”. MASH demonstrates clearly that they can, and they do.

I am very proud to have been associated with MASH for the first 30 years of its life. Long may it continue to support people who look for opportunities to develop skills and attitudes which enhance their lives. The attitudes I have learned at MASH have certainly helped me in the last few months. So much so, that I hope to be around for a few years yet!!

With best wishes

A handwritten signature in black ink that reads "Nancy J. Kinross". The signature is written in a cursive style.

Nan Kinross  
PATRON

# Chairperson's Report | te ripoata a te Tiamana



*“a year which has been challenging in an everchanging environment but rewarding for people”*

It is my pleasure to present my Annual Report for the 2018-19 Financial year, a year which has been challenging in an everchanging environment but rewarding for our people.

Financially, from the outset it was difficult for the Board to accept a deficit budget. With careful management particularly in respect to expenditure, the final deficit has been less than initially predicted. However, one of the downsides of living in a tight financial environment has been the deferring of much needed capital improvements. Throughout the year the Board has continued to explore all potential avenues of funding.

For the past five years, it has been acknowledged that the funding model for the Disability Service has been flawed. It transpires that the model of payment which the Ministry applies for the same service with other providers throughout the country is not equitable. Over the last twelve months continuous dialogue has taken place with the Ministry endeavouring to address this situation and prior to Government budget announcements several Ministers and Members of Parliament were briefed on the issues. While some progress has been made, MASH is still disadvantaged by the current model and we believe the introduction of nationally consistent and equitable funding must be a high priority. Notwithstanding, Dave and the management team have worked hard to minimise the impact this inequity may create for individuals.

A major piece of work undertaken by Government has been investigation into Mental Health and Addiction Services within New Zealand by the Mental Health and Addiction Inquiry Panel. It is clear that Government will continue giving a high priority to improved Mental Health and Addiction Services in the years to come. This is exciting news for MASH and opportunities will exist both in Mental Health and Addiction services to better support an increasing demand for the support our teams provide.

This year (1<sup>st</sup> October 2018) has seen the enactment of the Midcentral pilot scheme, “*Enabling Good Lives*” (EGL). The shift in philosophy for people with a disability is similar to that of de-institutionalisation over a decade ago, with the fundamental philosophy of ‘choice and control’ which sits with the disabled person and their whānau.

The prototype is underpinned by the outcomes, values and intentions of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD) and the Outcomes 5, 6 and 7 of the New Zealand Disability Strategy 2016 – 2026. In this region Mana Whaikaha is the organisation that MASH is working with, who like MASH are working to the principles of EGL to ensure people are living the life they choose. MASH is embracing the challenge with excitement as we carefully move away from traditional services.

Although the year has been one of challenges it cannot overshadow the fact that the people we care for have been leading amazing lives, that the quality of support has been outstanding and the values that MASH adheres to are lived every day.

The Board remain impressed by the calibre and loyalty of staff. They are our greatest asset. With the advent of pay equity those staff caring for people have received financial recognition. However, this is not the case with those staff employed in supervisory, leadership or back office services and administration positions. The Board recognises the inequity of this and in consultation with management, will endeavour to address the matter by putting in place a remuneration strategy in line with our fiscal responsibilities.

Discussions have taken place over the last few months in respect of both the Trust's properties situated in Main Street due to the expiration of one of the leases. The plan is to vacate both properties and re-establish in one facility. Indications are that these premises will be in Cuba Street and it is hoped that the move will take place before the end of 2019, enabling MASH to celebrate 30 years there.

This year has seen Dave Robinson make his mark as the new CEO of the Trust. His leadership style has been one of consultation, consensus, and empowerment of staff in decision making, an approach that has proved to be supportive of staff and extremely positive in the current environment.

Having a skill-based Board is continuing to be a real benefit to the organisation. Trustees have been diligent in their deliberations and accepting of their responsibilities. My thanks to the team for your commitment and support.

C H Allan  
CHAIRPERSON  
QSM JP

# Chief Executive's Report | te rīpoata a te Manahautū



*“The achievements of people that we support, and the individuals and teams that support them, are considerable and truly represent the values that MASH has at its core. “*

As the 2018/19 year has come to an end it is time for us to reflect on the year that has been, but to also consider what lies ahead of us. Once again, I am both proud and humbled to be part of the MASH whānau. The achievements of people that we support, and the individuals and teams that support them, are considerable and truly represent the values that MASH has at its core. In the following pages you'll see the stories of many people living our values and having a great time doing it. I feel very lucky to be in an environment where I am inspired by the people around me every day.

Our operating environment is a challenging one, but one which holds many opportunities in front of us. I believe that we are in a unique time in both sectors in which we operate – one of transformation with an authentic aspiration to improve services to individuals, whānau and communities. Disability Services are being re-designed through Enabling Good Lives, particularly in the Midcentral Region with the System Transformation prototype; while the response from Government to the recommendations made by the Mental Health and Addictions Inquiry Panel has been unequivocal in providing additional funding and infrastructure for communities. I believe that MASH has something significant, unique and invaluable to contribute to this work.

While the opportunity that we have in front of us is unique, it has been challenging to effectively manage the internal impacts of system-wide change while ensuring the delivery and quality of services that we provide today. In the years prior to this one our funding has been stretched by basic cost-of-living increases and the effects of inflation, and this continued in 2018/19. We have also found current inequities in funding frustrating; and an increasingly tight recruiting market has meant we have, at times, relied on the commitment of our staff and teams to maintain the quality of services we provide. To manage this, with the support of the

MASH board, we have reinvested some funds in projects to enable us to really make the most of sector changes and improve the Trust's sustainability. As such, we had budgeted for an end-of-year deficit but through careful management we have minimised this deficit from our initial forecasts.

However, deficits are not sustainable and during the year we initiated negotiations with all the major stakeholders that we hold contracts with. In particular, I would like to acknowledge the Ministry of Health and Midcentral DHB for the goodwill and progress that has been made in these negotiations. I would also like to acknowledge the continued support of the Palmerston North City Council. While our financial position remains tight, I am confident that we stand in a better position for the 2020 year and beyond.

In the 2018/19 year we have made some very tangible steps towards the opportunities that sector transformation holds, with the belief that ultimately these will bring better outcomes for the people we support, their whānau and our wider community. We have encountered challenges along the way, and looking to the future, we will need to be vigilant in managing the balance of delivering high quality services today, with the focus and resources required to develop services for tomorrow.

I would like to acknowledge the leadership and support of the MASH board, and the dedication and commitment of the leadership team and staff, all of whom have been essential in moving us forward.

Lastly, and most importantly, I would like to thank all those people and whānau who allow us into their lives and allow us to walk alongside them. Working together we achieve great lives and I look forward to this continuing through 2020 and beyond.

A handwritten signature in black ink, appearing to read 'David Robinson'. The signature is fluid and cursive, written over a light blue horizontal line.

David Robinson  
CHIEF EXECUTIVE



## OUR MISSION | ō mātou mīhana

*“Working Together To Achieve Great Lives”*

He whiwhinga oranga tangata inā te mahi tahi

## OUR VALUES | ō mātou whanonga pono

1. Build open **RELATIONSHIPS** based on honesty and respect
2. **COMMUNICATE** with an open mind and heart
3. Recognise and promote the **MANA** and strengths of each individual
4. Take **OPPORTUNITIES** to learn and grow together
5. **BELIEVE** that together we will make a difference
6. Make **FUN** a goal





## OUR STORIES | ā mātou korero

MASH is an organisation all about its people. There were a huge number of successes during the year for those that we support, their whānau, our staff and our sector partners. The following stories celebrate just some of those that align with our MASH values.



## RELATIONSHIPS | HONONGA

Build open relationships based on honesty and respect

Having the ability to listen to the needs of the people we support and to communicate this through words or action; someone who shows empathy, understanding and can work together to appreciate the benefits of open communication; making a person's life more manageable and enjoyable through these actions.



## FRIENDSHIP SERVICE

Friendship is an important part of anyone's health and well-being. It provides us with stability, community connectedness and of course, great joy and happiness. These are just some of the reasons I believe in the Friendship Service. Everyone from our volunteers and to the people that they buddy with, can feel a sense of belonging, a role and a purpose in life just by being a friend to somebody. It can often be the reason someone smiles today!

The success of the Friendship Service thrives on people engaging in meaningful activities and outings with a person who accepts them for who they are. Being in the moment with the person, enjoying each other's company, laughing and smiling together while having a cuppa at a local café; to walking on the beach or at parks chatting about anything and everything.





Friendships that are freely given are the best kind. These photographs highlight this. The volunteers and friends all spend regular time together. There is always fun and laughter. They have all benefited from their friendships. They have each helped each other in different, unique ways. It has been an absolute pleasure to see so many friendships grow even more over the past twelve months. Mutual trust and respect have grown. Being comfortable in each other's company and the look of delight and excitement on peoples' faces when they see each other is priceless. Some of the friendships that began with a volunteer and a buddy, have now extended into a wider circle. Family members of the people that we support have met each other and are now in regular contact too. I'm pleased to report that social inclusion and opportunities continue to grow for everyone too.

Also, since our last annual report the Friendship Service has had the pleasure to present four of our Volunteers with their ten-year certificate of being a part of the MASH Family. What an achievement and commitment. We thank all our volunteers for making the service what it is today and spreading so much love to so many! Long may the Friendship Service continue and be a positive impact and benefit for so many people in our community.





## **AUTONOMY/AUTHORITY/IDENTITY | MANA**

**Recognise and promote the MANA and strengths of each individual**

‘We are what we sow’. The ability to look past a disability or difference to a person’s inner strength and appreciate everyone as an individual; someone who is respectful to strength of character and is capable of working together to improve and promote that person’s strength. The Māori definition of this inner-being, personality and strength is Mana.



## Brandon's Fishing Trip

Hi - My name is Brandon. Every year I go fishing with my Mum and Dad down to The Sounds in the South Island. I like it when Cherie supports me on my holiday. We fly from Wellington airport to Nelson where Mum and Dad pick us up. I really enjoy flying in the plane especially the take-off! What a rush when the plane goes very fast shooting up into the sky! I like watching Cherie's face when we take off it's funny, but I assure her that we will be fine once we are in the air.

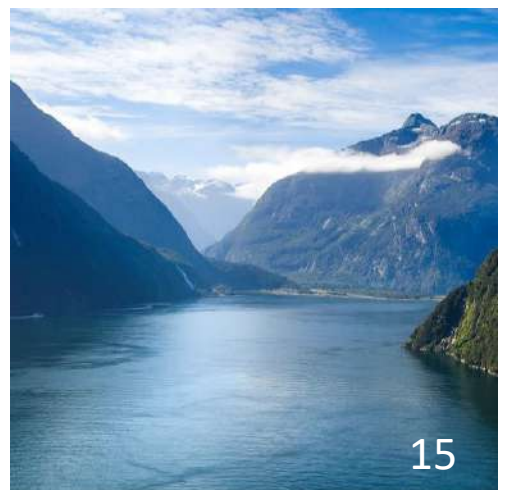
We travel from Nelson to French Pass near D'Urville Island at the top of the South Island where the cabin is. It's a very long and winding journey, I normally will fall asleep, so I am there before I know it.

The first day is always great unpacking and choosing which

room I will sleep in, then out exploring the beach and water's edge.

This year we stayed in a house on a hill near the water and when we sat outside for breakfast, we would see pods of dolphins swimming past every morning. When I'm on holiday I am the chief breakfast maker. Toast is a regular start to the day, but my specialty is bacon and eggs which we all enjoy - more so me.

I am a great fisherman. We go out in Dad's boat and he lets me drive from time to time. We fish every day we can as the weather is normally very good when we go out. Dad helps me bait the hooks and takes the fish off. I keep him very busy as I catch a lot of fish.





We have to hop in a dingy sometimes to row out to our fishing boat. One year Mum and I rowed out and as we were going from the dingy to the boat, I accidentally pushed off leaving Mum stranded between the dingy and the boat. Well I thought it was very funny when Mum went splash into the water. Mum had other ideas though.

I would have had a lot more photos to share but Cherie, who supports me on my trip each year, dropped the phone in the water. It was funny watching her trying to catch it, we laughed and laughed.

At tea that night Dad made out someone had rung him and gave his

phone to Cherie, Cherie asked who it was, Dad said it was Sponge Bob. Great joke Dad!

What I enjoy the most about the fishing trip is spending time with my family creating new memories, catching fish to eat and bringing home a large bag of fish to share with the people I live with at Rangeview.

I am looking forward to going again next year to relive old memories and to make more new memories.

Cheers, Brandon





## Kai Kitchen

Kai Kitchen is where our team have been working alongside the people we support, to share skills and knowledge on how to prepare low cost healthy meals on a budget. This has been made possible by using free produce that is in season (which we receive from *Just Zilch*) and turning it into an easy to prepare meal.

Another mana-enhancing initiative that has been implemented is supporting people to plant produce which they can take home. In sharing and developing these skills people can not only cook their own meals, but also grow their own food.







# OPPORTUNITIES | ORITETANGA

Take opportunities to learn and grow together

Someone who will take the opportunity to go the extra mile in their work or look for ways to undertake extra learning and development; taking opportunities daily and using them to grow; spending time to give extra support, or working together on a project that will encourage learning and the growth of the individual or the organisation.



## Hawkes Bay AOD

This service remains in high demand. Similar to Palmerston North, it has also experienced an increase in complexity in the presentation of those seeking help for their substance use. However, the team still produce amazing outcomes for the people they support. The following is just one of the many successes.

A young man who referred himself to the programme initially with pending court charges was on a 24-hour curfew at his mother's home. He was an angry young man, with little self-awareness and no idea at first about what a treatment programme looked like. He engaged with his keyworker and they worked towards him coming in, which eventually he did earlier this year.

As he talks about in his letter, he struggled to identify any emotion other than anger, but he has learned to be more open as he has begun his journey. He has graduated from the programme and has returned home. Part of his plan was to attend a Dove Course to help him work on his emotional regulation. He is almost through that course now and doing well.

His journey was not without incident, but it is important that for a lot of our people, there is so much more that needs to be addressed in order to help them move forward. For this young guy, his time in MASH was just the start of what could be an amazing future. These are his words:

*"I came into the MASH Trust residential course thinking I could do this miracle course and would be "cured" from addiction. I soon learnt that what you put in is what you get out. I have found it hard to truly open up and talk about my feelings, but it is something I must do if I want to find out what my underlying issues are that led to my drug addiction. As the course has gone on, I have slowly begun to participate more and understand the reasons behind the work we do in class. I have found all this hard because I don't really like change. But it is what I have to do if I am serious about my recovery. As the group has gotten smaller, I have found it easier to talk and understand things. I have gained tools here that I believe will help keep me sober and enable me to live a healthy, clean life. For that I am very thankful to all the facilitators, staff and the programme here at MASH Trust."*



## A couple of 2018 Highlights

On Friday 16 November 2018, MASH Trust won the Not for Profit section of the 2018 Westpac Manawatu Business Awards.

The Westpac Manawatu Business Awards recognise and celebrate the success of the smartest, savviest and strongest businesses, small and large, in the Manawatu region who are operating at the leading edge of best practice.

MASH was one of four finalists in the Not for Profit category. Winning the Not for Profit Award is a true testament to the quality, commitment and dedication of the staff across the whole organisation. It recognises the many outstanding successes and achievements of MASH as well as an opportunity to celebrate our many strengths and unique qualities.

### **Nan's Barbeque**

This is an annual event that is enjoyed by so many. It is an opportunity for people and staff to attend the beautiful surroundings of Nan's gardens for a barbeque. Nan's hospitality is always on point and there seems to be a never-ending stream of people, but Nan delights in "the more the merrier" as they arrive to enjoy the day. With a yummy BBQ cooked by our CEO Dave and Michael Power (Finance), music flowing, a heap load of salads and desserts on the menu, it is a great way to spend an afternoon enjoying each other's company. Some even managed a dip in the pool! The Christmas spirit certainly was in the air! A huge thank you to Sonja Mills and all the staff who help set up, cook and prepare for such a beautiful day. Most of all, ngā mihi miharo to Nan Kinross for her unconditional love and support to the entire MASH whānau.





# BELIEVE | WHAKAPONO

Believe that together we will make a difference

A person who believes they can make a difference – no matter what; someone who is capable of instilling belief in someone so that they can achieve aspirations or personal milestones; a positive attitude that shines through adversity or overcomes the barriers that are put in front of us.



## Monarch Programme

**The Palmerston North AOD Team** have continued to experience a high demand of services. A review of the Monarch Programme and services available to our community was completed to try and address the wait time and needs of those requiring services as soon as possible. A new harm reduction programme was introduced towards the end of 2018 called WRAPPED. It has proven to be a popular programme and a great feeder into the Monarch Programme for those needing more intensive treatment. The following is one man's story

Y is a young man of Middle Eastern origin who moved here with his family as a refugee from conflict. He had lived through periods of war and his family had spent a significant amount of time in refugee camps. He had experienced significant trauma in his life and relationships were difficult for him as his family had been in survival mode for many years.

Y started using methamphetamine and progressed to dealing to support his addiction. He was arrested and was on electronically monitored bail conditions when he referred himself to MASH Addictions Recovery. One month later he commenced our Monarch programme and was a very reliable attender and active participant. He also engaged in the afternoon activity programme despite not being required to do so.

Throughout his therapy he struggled to make changes in the areas of relationships and understanding his emotional state. He was aware of what anger felt like but could not easily identify

other emotions. Through a combination of group and individual work he gradually started to develop alternative ways of thinking, and of identifying ways of reconnecting with his family, spiritual base, and culture.

Y has maintained abstinence despite some significant stressors in his life, including the Mosque massacres in Christchurch which deeply affected him and his family. He has a strong work ethic and desire to prove himself to his family whom he feels are ashamed of him. He has continued with small group therapy sessions after completing 2 cycles of the Monarch programme, and has gained employment, at which he excels.

There were many challenges for Y during this period, including relationships, cultural and spiritual. With support he has progressed significantly, however we remain aware of the future challenges also. Continued support will be required to embed his recovery; however, he reports he looks to the future with positivity and hope.

A close-up photograph of a woven basket, likely made of natural fibers, filled with vibrant orange and yellow leaves. The basket's structure is visible, showing a complex weave of dark fibers. The leaves are layered and crumpled, creating a rich texture and a warm color palette. The lighting is soft, highlighting the natural textures of the materials.

# COMMUNICATION | KŌRERORERO

Communicate with an open mind and heart

Open communication occurs when all parties can express ideas to one another. Having an open mind and heart can help us build relationships with others.



## Matariki Celebrations

On 27th June 2019 we (Living plus, Levin) hosted Te Whare Awhina – Waiopahu College, Levin. We have been lucky enough to have them for our 2nd annual get together to celebrate Matariki. This was our chance to not only have our doors open to show case Living Plus, but to also bring forth Māori culture and what Matariki means to us.

Te Whare Awhina is a branch of Waiopahu College in Levin. They offer support with learning needs by assisting with adaption of the curriculum, as well as providing alternative literacy and numeracy programmes when necessary. The aim is to support the needs of a diverse range of students from Year 9 – 13 (up to the age of 21) to take full advantage of their time while at College.

Starting bright and early at 6am we prepared the hangi to cook for 3-4 hours. As the morning went on, we set up our different areas to have a fun-filled day with plenty of activities. As soon as 10am hit, it was all on! Out came the guitar and we broke the ice with singing our favourite waiata we all know and love!



To re-charge our batteries we shared Kai and got to mingle re-connecting with some familiar faces. The students of Te Whare Awhina came with excitement and a great burst of energy to get us started for the morning.

It took months to prepare/decorate our day base and put our best foot forward to show case the services we provide

- cutting, drying and dying flax with vibrant colours of reds, purple and yellow in preparation for our Harakeke putiputi
- plaiting strings for poi
- making cupcakes to be decorated individually with everyone's own MasterChef masterpieces.
- Preparing layers of marshmallows stacked up, coloured with hundreds and thousands and overloaded with chocolate fish and wine gums.
- Stencils were made to paint 'Moko' on faces and arms; and finally capturing the moment by dressing up and striking a pose with our 'Instagram' frame.



Lunchtime brought a lot of hungry tummies. Sharing and being thankful for the abundance our beautiful land offers, we had a delicious hangi and for those with a sweet tooth, there was more than enough pudding to go around. With full tummies, plenty of smiles and some ready to go for a sleep, our day hadn't finished. Coming into our transformed front room that glowed with disco lights, and our roof covered with fairy lights, we were ready to boogie the afternoon away. I must say we have a talented bunch of groovers and shakers! The moves to 'Just dance' and singing at the top of their lungs to their favourite songs, was a treat.

What an absolutely fun-filled exciting day we all had! Much appreciation to Te Whare Awhina who made our day and brought our relationships even closer. With more understanding of what services we provide and the support we can offer, everyone left with more confidence in where their students would like to be when leaving college.

Thank you for the hard work and continuous support by staff to pull off an awesome full-on day as well as the support and much needed extra help from our whānau to put it all together.

Ngā Mihi Nui Ki a Koutou Katoa

Patricia Hennessy  
Living plus, Levin







## FUN | NGAHAU

Make fun a goal

Someone with attitude and flair that can make a simple task or chore fun to do; someone who enjoys life and is willing to share that enthusiasm with others, who sets goals and enjoys the interactive process with others and the celebration of the final achievement.



## Whānau Fun Day (Palmerston North)

One of the key messages that we have heard from the systems transformation in both the Disability Sector and from the Mental Health Inquiry, is how we engage with the natural spaces within our communities to collectively (as a community) create opportunities and/or solutions for our community. We believe the Whānau Fun Day did that.

This year we connected with our wider community, tertiary institutes, NGO's, community groups, schools, Police, Fire Department, Midcentral Health, PHO and the business community. We talked about how we as a community, can create a free fun-filled whānau day that promotes Mental Health Awareness, by hosting a day where people/whānau connect with nature and natural resources, as one strand of wellbeing.

The response was fantastic with over 40 different organisations & groups from all sectors, keen to be involved and be connected to the kaupapa of this day.

Mental Health Awareness Week 2019 was underpinned by Te Whare Tapa Whā, our connection with whenua (land) was the foundation. Thousands from this and other community came and joined in this amazing day. This was the mauri that flowed through the day, people and whānau connected with whenua through the various activity stations like natural art, planting, clay making, harakeke and much more.





Our photo booth represented Te Whare Tapa Whā as the border/photo frame was connected to aspects of wellbeing.

Over 25 activity stations were set up around the Victoria Esplanade including sausage sizzle stations, a popcorn station, water stations, cupcake decorating station, a photo booth station, mini truck rides, Harley motorbike rides, as well as local Palmerston North gym Flex Fitness which set up an activity station. There was also an amazing race challenge reminding everyone of the fun outdoor games and relays bring, as well as connecting them back with nature. There was a bouncy castle set up, mini golf station, kite flying station, jump rope station, giant games, rock painting, chalk art, free face painting, free henna designs, free moko stencils and much more.

The feedback was fantastic and gave a clear message that this is the way forward, coming together as a community to support our community.





## Hurricanes Vs Brumbies Rugby Game

On Friday 1st March, members of the Mobile Team took a group along to the Hurricanes Vs Brumbies rugby game, for one fantastic night out. The group started with a sausage sizzle at LUCK Venue and later arrived at the stadium an hour prior to the main game. A rugby game between the Navy and Army was in action on arrival which was an enjoyable way to settle in and warm up for the main event. Watching a helicopter land in the middle of the field was also an added exciting bonus. To sum the night up, here's some feedback:

*"Beautifully organized, really enjoyed it"*

*"Spot on, happy with the whole thing, being part of a group"*

*"It was a great night with great company"*

*"Fun night with plenty of laughs and a great win"*

We are grateful for the koha from the Hurricanes franchise who donated 4 tickets to the game and for the koha and aroha given by members of the team in making this night possible for people to experience and enjoy! Ngā mihi maioha ki a koutou, with much appreciation we thank you.





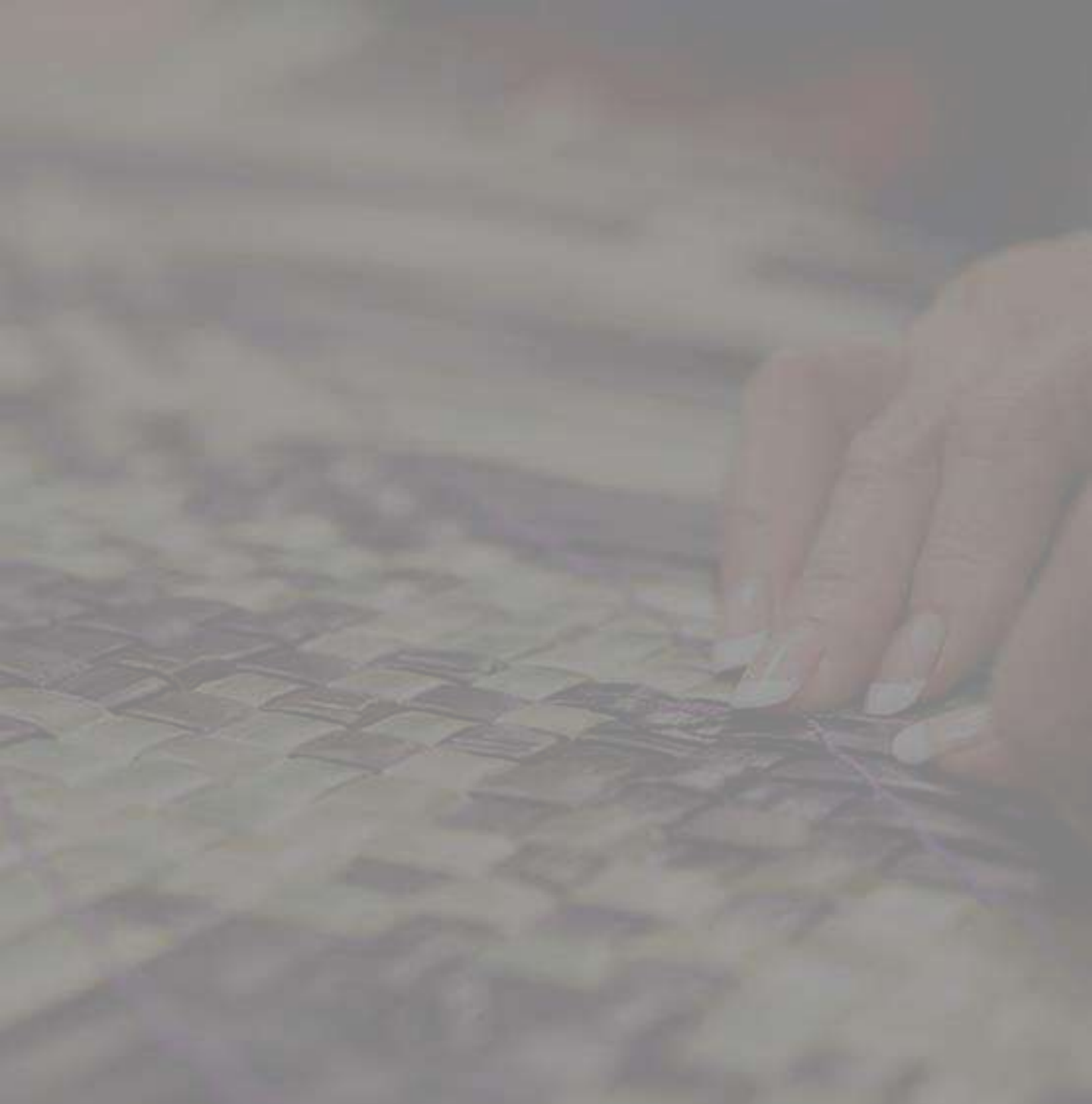
## Christmas (Palmerston North)

Christmas is always a crazy time of year when everyone is busy with so much going on. Last year leading up to the Christmas break the Community Services team and LUCK Venue were busy preparing gift/food hampers and the community Christmas feast. After a last push to get things completed late on Christmas Eve, the LUCK and Community Services team were ready. There was the delivery of a carload of goods to the Corrections “Out of Gate” Service which helps short-sentence prisoners to identify (before release) what they need in order to re-adjust to life beyond prison walls and to settle back into the community without re-offending.

Early Christmas day the amazing team of volunteers were in preparing kai – a mammoth task - fantastically led by Lillie Wehi. With the Christmas meal and puddings packed into containers, along with the presents, everything was ready to be delivered. Everyone was committed to sharing the manaaki (blessing) of so much support and aroha (love) to those in need.

It’s almost Christmas 2019 and the team are beginning to prepare for what will be another busy Christmas. Ngā mihi nui rawa atu ki a koutou. Thank you all very much!!





**FINANCIAL MATTERS AND GOVERNANCE**  
**Ngā take pūtea me te kāwanatanga**

# MASH Trust

## Summary Financial Statements

<b>Statement of Comprehensive Revenue and Expense for the year ended 30 June 2019</b>	<b>2019 \$ '000</b>	<b>2018 \$ '000</b>
Revenue from Government Contracts	25,895	25,235
Income Support	2,303	2,280
Other Revenue	1,268	1,008
<b>Total Revenue</b>	<b>29,466</b>	<b>28,523</b>
Employee related costs	22,816	22,135
Other operating costs	6,727	6,048
Finance Costs	163	152
<b>Total Expenditure</b>	<b>29,706</b>	<b>28,335</b>
<b>Net Surplus/(Deficit) for the year</b>	<b>(240)</b>	<b>188</b>
<b>Total comprehensive revenue and expense for the year</b>	<b>(240)</b>	<b>188</b>
<b>Statement of Financial Position as at 30 June 2019</b>	<b>2019 \$ '000</b>	<b>2018 \$ '000</b>
<b>Total equity</b>	<b>4,337</b>	<b>4,578</b>
Represented by:		
Cash and cash equivalents	2,866	2,488
Receivables from exchange transactions	2,790	2,904
Assets held for sale	2,063	0
<b>Current assets</b>	<b>7,719</b>	<b>5,392</b>
Payables from exchange transactions	1,357	1,137
Income received in advance	326	41
Loans and borrowings	1,051	454
Employee entitlements	3,051	3,163
<b>Current liabilities</b>	<b>5,785</b>	<b>4,795</b>
<b>Working capital</b>	<b>1,934</b>	<b>597</b>
Property, plant and equipment	3,785	5,905
Intangibles and goodwill	531	547
<b>Non-current assets</b>	<b>4,316</b>	<b>6,452</b>
Loans and borrowings	1,742	2,302
Employee entitlements	171	170
<b>Non-current liabilities</b>	<b>1,913</b>	<b>2,472</b>
<b>Net assets</b>	<b>4,337</b>	<b>4,578</b>

# MASH Trust

## Summary Financial Statements

<b>Statement of Changes in Net Assets/Equity for the year ended 30 June 2019</b>	<b>2019 \$ '000</b>	<b>2018 \$ '000</b>
Opening Equity	4,578	4,390
Total comprehensive revenue/(expense) for the year	(240)	188
<b>Closing Equity</b>	<b>4,338</b>	<b>4,578</b>

<b>Statement of Cash Flows for the year ended 30 June 2019</b>	<b>2019 \$ '000</b>	<b>2018 \$ '000</b>
Net cash flows from operating activities	856	449
Net Cash from Investing Activities	(608)	(382)
Net Cash Flow from Financing Activities	130	(572)
<b>Net Increase / (Decrease) in Cash Held</b>	<b>378</b>	<b>(505)</b>
Cash and cash equivalents at beginning of year	2,488	2,994
<b>Cash and cash equivalents at end of year</b>	<b>2,866</b>	<b>2,488</b>

The Board of Trustees of MASH Trust authorised these summary financial statements for issue.



J Fowke  
Deputy Chairperson of Trust



P Rea  
Trustee

28 August 2019



**REPORT OF THE INDEPENDENT AUDITOR  
ON THE SUMMARY FINANCIAL STATEMENTS****To the Trustees of MASH Trust****Unqualified Opinion**

The summary financial statements, which comprise the statement of financial position as at 30 June 2019, the statement of comprehensive revenue and expenses, statement of changes in net assets and statement of cash flows for the year then ended, and related notes, are derived from the audited financial statements of MASH Trust for the year ended 30 June 2019. In our opinion, the summary financial statements on pages 1-3 are consistent, in all material respects, with the audited financial statements, in accordance with PBE FRS 43: *Summary Financial Statements* issued by the New Zealand Accounting Standards Board.

**Summary Financial Statements**

The summary financial statements do not contain all the disclosures required by Public Benefit Entity Standards Reduced Disclosure Regime (PBE Standards RDR). Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the audited financial statements and the auditor's report thereon.

**The Audited Financial Statements and Our Report Thereon**

We expressed an unmodified (unqualified) audit opinion on the audited financial statements in our report dated 29 August 2019.

**Trustees' Responsibility for the Summary Financial Statements**

Trustees' are responsible on behalf of the entity for the preparation of the summary financial statements in accordance with PBE FRS-43: *Summary Financial Statements*.

**Auditor's Responsibility**

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, with the audited financial statements based on our procedures, which were conducted in accordance with International Standard on Auditing (New Zealand) (ISA (NZ)) 810 (Revised), Engagements to Report on Summary Financial Statements.

Other than in our capacity as auditor we have no relationship with, or interests in, MASH Trust.

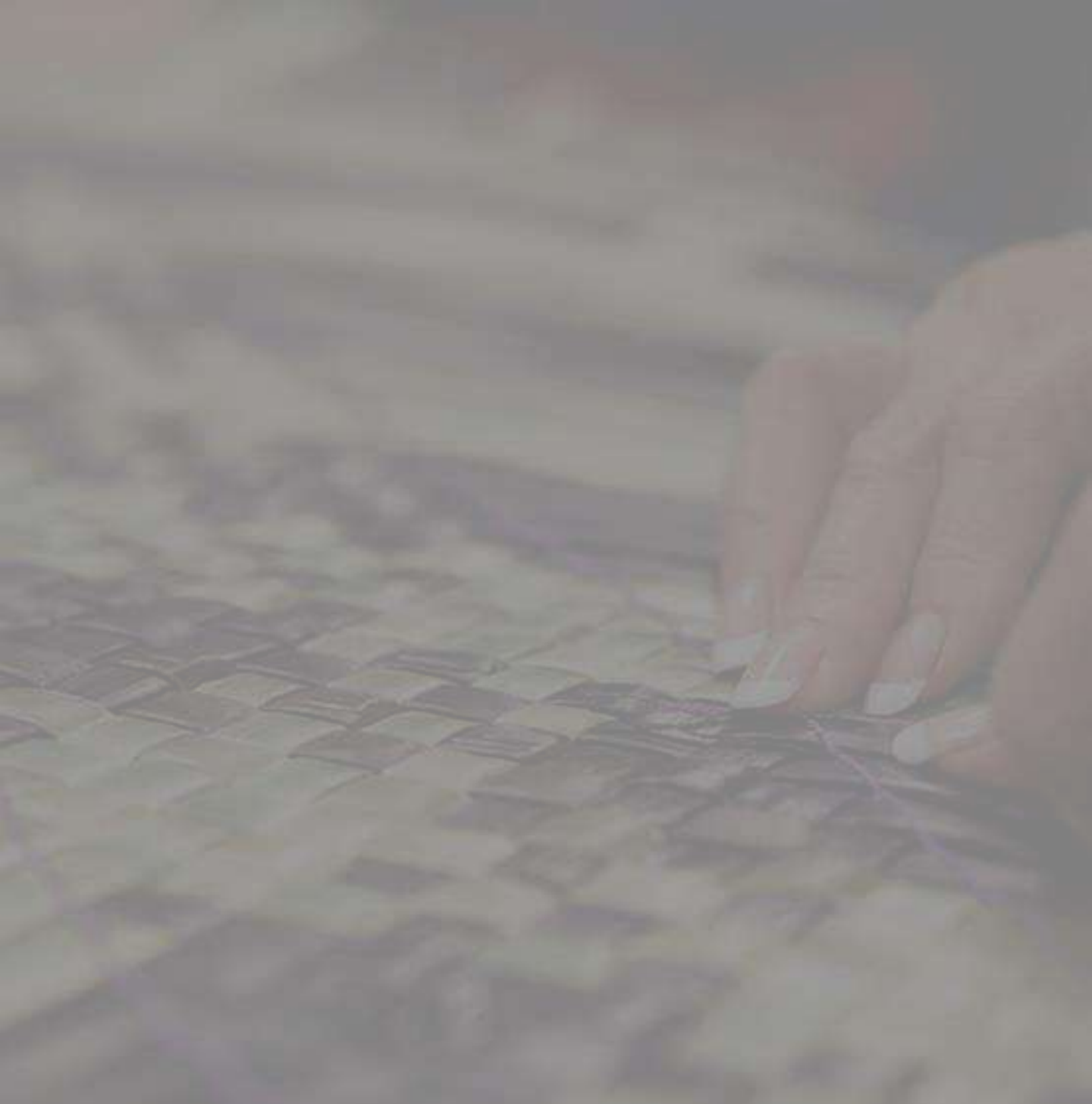
**CKS Audit**

29 August 2019

## Summary Financial Statements Notes

### For the Year Ended 30<sup>th</sup> June 2019

1. The reporting entity is MASH Trust (the Trust). The Trust is domiciled in New Zealand and is a charitable trust incorporated under the Charitable Trusts Act 1957. It is also a charitable organisation registered under the Charities Act 2005.
2. The full financial statements on which this summary is based, have been prepared in accordance with Generally Accepted Accounting Practice in New Zealand (NZ GAAP). They comply with Public Benefit Entity International Public Sector Accounting Standards (PBE IPSAS) and other applicable Financial Reporting Standards as appropriate that have been authorised for use by the External Reporting Board for Not-For-Profit entities. For the purposes of complying with NZ GAAP, the Trust is a public benefit not-for-profit entity and is eligible to apply Tier 2 Not-For-Profit PBE IPSAS on the basis that it is not defined as large.
3. The Board of Trustees has elected to report in accordance with Tier 2 Not-For-Profit PBE Accounting Standards and in doing so has taken advantage of all applicable Reduced Disclosure Regime (RDR) disclosure concessions. This decision results in the Trust not preparing a Statement of Service Performance for both reporting periods.
4. The summary financial statements have been extracted from the full financial statements and are presented in New Zealand dollars. The financial statements of MASH Trust including Statement of Comprehensive Revenue and Expense, Statement of Financial Position, Statement of changes in Net Assets/Equity and Cash Flow Statement cannot provide a full understanding due to their summary nature. The understanding can be obtained only by reference to the annual financial statements of the Trust.
5. A copy of the financial statements may be obtained on request from the Trust's office at MASH Trust, 602-606 Main Street, Palmerston North. Phone number (06) 355 7200.
6. MASH Trust Trustees, D. Barrett and S. Mason, are also on the Whaioro Trust Board. Trustee, D. Ayling, is a member of the Midcentral Health Clinical Board, part of Midcentral District Health Board.
7. There are no contingent liabilities as at 30 June 2019 (2018: nil).
8. The annual full financial statements of MASH Trust have been audited by CKS Audit who have issued an unmodified audit opinion in respect to the financial statements on 28 August 2019. CKS Audit have audited these summary financial statements and found them to be consistent with the annual financial statements.
9. The Directors authorised the publication of these summary Financial Statements on 28 August 2019.
10. These summary financial statements are in compliance with PBE FRS-43: Summary Financial Statements.



**BOARD OF TRUSTEES | Ngā kaitiaki o te Poari**



**Heather Allan**  
CHAIRPERSON

QSM JP(Retired) RN  
RMN

Appointed in 1991

Heather has extensive experience in Governance. She has held senior roles in Legal Services, Social Services, Local Government and the Health and Disability Sector at Local, Regional and National level. She is currently the Patron of the Community Law Centre and a former member of the New Zealand Institute of Directors.

Her roles within MASH include being a member of the Finance, Audit & Risk Management Committee, Quality Governance Committee, CEO Employment Committee (Chairperson) and the Innovation Award Committee (Chairperson). Heather is a Palmerston North Civic Awardee.



**John Fowke**  
DEPUTY  
CHAIRPERSON  
JP LLB BCA

Appointed: 2014

John Fowke joined the MASH Trust Board in December 2014. John worked as a corporate lawyer and tax consultant prior to joining Toyota New Zealand in 1986 where he held various roles covering dealers, information services, legal, marketing and finance as well as motor racing. He is now a consultant for legal services and an ambassador for the Toyota Racing Series and a trustee of the Kiwi Driver Fund. He has been a trustee of the Te Manawa Trust Board since 2005 and of the Manawatu Community Law Centre since 2014 and now chairs these organisations. In 2016 John joined the board of the Central Economic Development Agency and fulfils a number of other governance roles.



**Sheena Mason**  
DEPUTY  
TREASURER

BBS, FCA

Appointed: 2009

Sheena was an Associate with BDO Central (NI) and was the firm's Audit Manager from 1986 until 2014. After moving from the audit sector Sheena became more involved in the farming, construction, manufacturing and retailing industries. Sheena retired from BDO Central (NI) in December 2018 but still offers advice under contract.

She has been a member of the Chartered Accountants of Australia and New Zealand (formally the New Zealand Institute of Chartered Accountants) since 1986 and was the Manawatu Branch Secretary from 1999 to 2012. Sheena's other roles include being the Chairperson of the Finance Committee of the Cathedral of the Holy Spirit.

Sheena is the Chairperson of the MASH Finance, Audit and Risk Management (FARM) Committee and a member of the Property Sub-Committee and CEO Assessment Committee. She is also the MASH representative on the Whāioro Board and Chairperson of the Whāioro Trust Board FARM Committee.



**Julie Nitschke**  
TRUSTEE

RN MA (applied)

Appointed: 2007

Julie has considerable experience in the New Zealand health care sector in clinical leadership and Governance across a variety of settings including District Health Boards, primary health care and mental health.

She is a Clinical Director for Whanganui Regional Health Network and holds various leadership roles including: leading and facilitating clinical strategic decision making, Governance, member GPNZ Nurse Executive, WRHN Clinical Governance, Health Pathways governance, Alliance Leadership Team.

Julie chairs the MASH Quality Governance Committee and is a member of the CEO Assessment Committee.



**Peter Rea  
TRUSTEE**

Dip Bus Studies  
(Personal  
Financial  
Planning)  
Appointed: 2003

Peter is a Certified Financial Planner CM with over 25 years' experience providing investment and retirement advice; prior to this he had 20 years in the banking industry. He has been a member of Financial Advice NZ and its preceding organisations since 1993. He has been, and remains, active in governance in his profession at both local and national level.

Peter is a member and past Chair of the MASH Finance, audit and Risk Management Committee (FARM) and is Chairperson of the MASH Property Sub-Committee.



**David Ayling  
TRUSTEE**

BHB MBChB DipObst  
DipChHealth  
PGCertPHC  
FRNZCGP  
Appointed: 2012

David is a Primary Health Care doctor and Clinical Director of the Youth One Stop Shop.

His role includes being a member of the MASH Quality Governance Committee and Chairperson of the Ethics Committee.



**David Barrett  
TRUSTEE**

MBChB (5th yr) MBA (part)  
Appointed: 2007

David was appointed to the MASH Trust Board as the consumer representative in 2007. He acts in an advisory role to the Trust Board for people with disabilities. David holds a Certificate in Intentional Peer Support Endorsed in Mental Health and has been a Quality Auditor (Mental Health) since 2004 previously working with the DAA Group (MoH Standards). He has previous involvement in the Like Minds Like Mine Project (6 years). David is a member of the International Society of Neuro-linguistics and Meta-coaches.

His other roles include being a member of the MASH Quality Governance Committee, the Innovation Award Committee and the Property Sub-Committee.

David is also a member of the Whaioro Trust Board.



**Trieste Te Awe Awe  
TRUSTEE**

Judicial JP  
Appointed: 2018

Trieste is the newest member of the MASH Board. She is a member of the Central Districts Justice of the Peace Association Council and a Board member of the Community Law Centre Association. She brings with her expertise in Judicial Justice. She also shares a role as Kaumatua Kuia with her husband Wiremu for Rangitāne Iwi.



**Wiremu Te Awe Awe  
KAUMATUA**

Rangitāne Leader Wiremu Te Awe Awe was appointed as Kaumatua for Mash Board in 2018. He is a Councillor for Horizons, being the first Māori to be elected on The Board. He has vast experience sitting on executive Boards such as Internal Affairs 'Te Atamira' Chairperson for Te Rangimarie Marae, Treaty Advisor Mana Whenua o Rangitāne, Kaumatua & Rangitāne history advisor to Schools in the Manawatu and Police and Prison Kaumatua.

**EXECUTIVE LEADERSHIP TEAM | rōpū kaiārahi whakahaere**



**David Robinson**  
Chief Executive



**Sharon Saxton**  
Chief Operating Officer



**Peter Bell**  
Chief People Officer



**Steve Crombie**  
General Manager Strategic Projects



**Fiona Parrant**  
Service Manager Disability



**Rodger McLeod**  
Service Manager  
Mental Health & Addiction



**Christina Hemmingsen**  
Service Manager  
Community Support Services



**Piki Manuel**  
Executive Officer and Board  
Secretary

**SENIOR LEADERSHIP TEAM | rōpū kaiārahi matua**



**Andrew McGregor**  
Disability Regional  
Manager  
Horowhenua



**Eru Paul**  
Disability Regional  
Manager  
Manawatū / Hawkes Bay



**Chloe Billington**  
Disability Regional  
Manager  
Kāpiti / Lower Hutt /  
Wellington



**Amanda Wright**  
Residential Manager  
Mental Health Service



**Maiava Potoae-Malifa**  
Team Leader  
Community Services



**Tracy Parr**  
Finance Manager



**Peter Hamilton**  
ICT Manager



**Judy Pedersen**  
Quality & Infection  
Control Coordinator  
/ Privacy Officer

**Patron**

Professor Emeritus Nan J. Kinross

**Chairperson**

Heather Allan

**Deputy Chairperson**

John Fowke

**Treasurer**

Sheena Mason

**Trustees**

David Ayling

David Barrett

Julie Nitschke

Peter Rea

Trieste Te Awe

**Chief Executive**

David Robinson

**Board Secretary**

Piki Manuel

**Auditors**

CKS Audit, Palmerston North

**Bankers**

ANZ Banking Group (New Zealand) Limited, Palmerston North

**Lawyers**

Fitzherbert Rowe Lawyers, Palmerston North

**Address for Communications**

Physical: 602-606 Main Street, Palmerston North\*

Postal: PO Box 157, Palmerston North

Phone: (06) 355 7200

Fax: (06) 355 7201

Email: [enquire@masitrust.org.nz](mailto:enquire@masitrust.org.nz)

Website: [www.masitrust.org.nz](http://www.masitrust.org.nz)

\*NB: Physical Address will be 162-180 Cuba Street from 1 December 2019



“Working together to achieve great lives”  
*He whiwhinga oranga tangata inā te mahi tahi*

CONTACT DETAILS

Phone: (06) 355 7200  
Fax: (06) 355 7201  
Email: [enquire@masstrust.org.nz](mailto:enquire@masstrust.org.nz)  
Website: [www.masstrust.org.nz](http://www.masstrust.org.nz)

REGISTERED OFFICE

602-606 Main Street\*  
PO Box 157  
Palmerston North

\*NB: Physical Address will be 162-180 Cuba Street from 1 December 2019